

Galston Uniting Church

Minister Rev Geoff Smith
 Children & Youth: Michelle Comito
 11 School Road Galston 2159
 Phone 9653 2039
 www.galstonunitingchurch.com
 Sunday Family Service 10 am

Easter is almost upon us! Here at Galston Uniting Church we have a huge Easter Programme happening. You are welcome to come to any or all of our activities and services.

Sunday 30 th March	Communion Service	10.00 am
Sunday 6 th April	Messy Church	10.00 am
Sunday 13 th April	Palm Sunday	10.00 am
Thursday 17 th April	Tenebrae Service	7.00 pm
Friday 18 th April	Good Friday Service	9.00 am
Sunday 20 th April	Sunrise Service	6.00am
	Breakfast to follow (BYO to share!)	
Sunday 20 th April	Easter Morning Service	10.00 am

If you come along to the Sunrise service, please bring some food to share and stay for breakfast.

Have you ever been apple picking at Bilpin? Sounds a strange thing to do – especially for any of you brought up on or near local orchards! Well, a bunch of us went had did just that May last year... had such a great time that, by the time you've read this, we'll have gone again. Did a bit of picking, had a picnic and enjoyed our afternoon together in the beautiful Blue Mountains – who could ask for better!

Well, after all that info, best sign off until next month.
 Cheers, Geoff

2014 Bowelcare Program

The 2014 Bowelcare Program, organised in this District by The Rotary Club of Galston, starts in mid April and runs for about five weeks. Participants include Galston HealthSense Pharmacy, Galston Village Pharmacy and the Glenorie Pharmacy.

An article in a recent edition of the Sydney Morning Herald Good Weekend magazine reported that about 14,000 Australians are diagnosed with bowel cancer each year and more than 4,000 die, which almost three times the national road toll. Patients and survivors are not inclined to speak up for themselves. "We have our own hurdle – it is the yuck factor" says Julien Wiggins, chief executive of Bowel Cancer Australia. "It is our second biggest cancer killer after lung cancer. But unfortunately, it is a disease that no one likes to talk about"

Australia has the world's highest incidence of bowel cancer – 1 in 12, both men and women, will be diagnosed with it by the age of 85. Age is an important factor. The risk begins at 40, doubling every 5 years and more rapidly as the person gets older.

Statistics show 90% of bowel cancers can be successfully treated if detected at an early stage. It is strongly recommended that ALL men and women over the age of 40 have a bowel care test every year. Residents are encouraged to take the test.

The test kits only cost \$10 which covers pathology which is sponsored by Laverty Pathology. We are very grateful for the help of the pharmacies which provide the service free of charge.

Galston Gourmet Deli - Break Enter & Steal. Between 9.30pm Monday 3rd and 5am Tuesday 4th March, Person/s unknown have cut the power to the business before forcing the lock of a rear door. A first aid kit valued at \$1,100 was stolen. If you have any information, please call Crime Stoppers on 1800 333 000

Too Many Bellbirds!

In a previous article I explained how large numbers of bellbirds at a property in Blacks Road Arcadia are causing huge damage to gum trees in the area. Some are dead and others are losing their leaves and look sick. The block was covered in dense privet and bellbirds were nesting in the privet and using it as cover to attack other birds. The process, called Bell Miner Associated Dieback, has killed hundreds of thousands of eucalypts in NSW.

The local Landcare Group obtained funding from the Government and a substantial donation from the Landowner. With the money, we engaged contractors to clear the privet and spray Trad (Wandering Jew). This long and tedious process was completed in January. Since then a follow-up spray of privet seedlings has been done. Residents will have noticed a big change in the look of the property.

We plan to do more weeding until September this year. Then we will plant 800 trees and shrubs. These are being grown by volunteers at the Council Community Nursery. There may be some regeneration of natives as well. In March 2015, we will sow native grass seed. The whole idea is to create open bushland that is less attractive to bellbirds.

My concern is that after all our work so far, there are still too many bellbirds. Substantial numbers of privets remain on the block, along the road sides and on some private properties towards Galston. These need to be removed and if nearby landowners could help, it would make a big difference. On roadsides, only remove privet and only if it can be done safely.



Before clearing



After clearing

Dural Galston Probus Club

Dural Galston Probus Club will hold it's next meeting at 10am on Thursday 17th April, at The Galston Club, 21-25 Arcadia Road, Galston. The meeting will be followed by BBQ lunch at Fagan Park. Visitors welcome. Contact Anne 9653 1004.



GLENORIE GROWERS' MARKET
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2014
April
Sunday 27th
May
Sunday 25th