

# STILL CREEK LANDCARE SNACKING ON NATIVE PLANTS

BY JUTTA HAMILTON

I enjoy growing and harvesting my veggie garden and fruit trees. I also enjoy looking after the native plants, as they look beautiful, feed the native animals and look after their own needs. Some of the ones I grow near the house can be very pleasant to look at and they are great for a snack while walking past, while others can produce heavily.

*Backhousia citriodora* (Lemon-scented Myrtle) is a tall shady shrub and its crushed leaves have a strong lemon fragrance making it a favourite for flavouring dishes. Our neighbour Anne-Marie kindly provided the picture of her recent creation: **Lemon Myrtle Cheesecake with Macadamia nut crust.**

Some of the other tasty plants I have are:

- *Davidsonia pruriens* (Davidson's Plum), it looks great and the very tart fruit make great jams or sauces.
- *Acmena smithii* (Lilly Pilly), the fruit make a nice jelly.
- *Macadamia integrifolia* (Macadamia Nut Tree), everybody, even our pet dog rushes to get to those tasty nuts.
- *Citrus australasica* (Finger Lime), the pearly flesh looks great and explodes in your mouth and is great with fish.
- *Banksia ericifolia* (Heath Banksia), its nectar can be sucked as a small treat while gardening.
- *Lomandra longifolia*, have flowers that are said to taste like fresh green peas.
- *Austromyrtus dulcis* (Midgenberry), is the most delicious, sweet and tangy berry, bears in profusion and is yummy eaten fresh or in pies and preserves.



- *Billardiera scandens* (Apple berry), is a slender climber, with very tasty fruit when ripe and soft.
- *Eremophila debilis* (Winter Apple), this prostrate shrub produces edible fruit and makes a great groundcover.
- *Ficus coronata* and *Ficus rubiginosa* (Sandpaper Fig and Port Jackson Fig), their fruit have a nutty flavour and can be enjoyed when plump and soft, they rarely get to that stage as birds, bats and possum get to it first.

So when you next go to add to your garden, why not consider what more you can enjoy from your plants.

With regard to eating from any plants, there is a warning :

**"never eat it unless you're certain you can identify it and know it is safe!"**

If you would like help or further information, contact Nick on 9653 2056, via email [StillCreekLandcare@iinet.net.au](mailto:StillCreekLandcare@iinet.net.au) or visit Still Creek Landcare at <http://www.stillcreeklandcare.com.au> and on Facebook.



The Leafscreener system has been installed on houses around the world since its invention in 1989.

Unlike other forms of gutter protection on the market made from plastic, Leaf Stopper is made from non-rust metal and is, therefore, fire-resistant. Leaf Stopper has been tested by the CSIRO and has a fire rating of '0' - the highest rating given by the organisation.

## BENEFITS

- No more climbing ladders or clambering over roofs
- No more breaking tiles or buckling metal roofs
- Eliminates the need for regular gutter cleaning, saving you money
- Greatly reduces maintenance
- Excellent rainwater harvesting
- Prevents birds from nesting
- Denies access to vermin
- Helps protect the house against bush-fires
- Ultimately- extends the life of your gutters

## FEATURES

- 15-year mesh guarantee
- Available in a wide range of colours to match your roof
- Highest-possible fire-rating from the CSIRO
- Fits to all roofs and roofing profiles



**INTRODUCTORY  
OFFER**

WE ARE OFFERING ALL OF THE GALSTON, GLENORIE AND HILLS RURAL COMMUNITY NEWS A 15% DISCOUNT WHEN YOU MENTION THIS AD AT THE TIME OF QUOTATION.

**GardenCo Products & Services**

T 0481 818636 | W [www.gardenco.com.au](http://www.gardenco.com.au) | E [info@gardenco.com.au](mailto:info@gardenco.com.au)

**When your trees won't follow the rules...**



**FERGIES TREE WORKS**  
**9653 3745**

*No job is too BIG or too small, we do it all*